



Ephesians Series

Week 2: We Are Blessed | Teacher: Libin Abraham

Sermon Questions for 1.15.2023

Opener

When you think of blessings, what runs through your mind?

Read

Ephesians 1:3-14

Main Points

1. Chosen to be holy and blameless speaks of our new nature: Holiness is about our inward purity, our new spiritual reality. Blameless (in the Greek) speaks of an external purity, it's the absence of pollution or spots.
2. God's Choice: 2 Thessalonians 2:13, 1 Peter 1:2, John 6:44, John 6:65, John 15:16. Our Free Will: 2 Peter 3:9, 1 Timothy 2:3-6, 1 John 2:2, Acts 2:21, John 6:40.
3. Paul lists our spiritual blessings in respect to each person in the Trinity.
 - a. Our blessing in the Father - Ephesians 1:4-6 - Chosen: we were chosen to experience the total reversal of the consequence of sin.
 - b. Our blessing in the Son - Ephesians 1:7-12 - Redemption: we don't receive forgiveness based on our capacity to grab a hold of it, we receive it based on God's capacity to give it.
 - c. Our blessing in the Spirit - Ephesians 1:13-14 - Sealed: in him and he is the down payment of our inheritance!
4. Our blessing: Chosen, Holy, Blameless, Loved, Adopted, Sons, Daughters, Redeemed, Forgiven, Inheritance, Sealed and Secured.

Engage with God in a Group

- What words stand out to you as you read Ephesians 1:3-14?
- Why does it matter that we've been given so many spiritual blessings while we're still living in this physical world?
- How does this passage impact how you view God the Father, the Son, and Holy Spirit?
- Where do you see yourself living in the reality of your spiritual blessings in your daily life? In what areas of your life do you tend to struggle more experiencing what God has given you?

Bottom Line

While we receive a new nature through regeneration, we receive a new status through adoption.