

# The Essence

*Part 10: Paralyzed no more | Speaker: Pete Briscoe*

*Sermon Questions for 4.9.17*

## Opener

Can you think of a time you made a decision where you didn't have all the facts? How did that affect the outcome?

## Read

1 John 3:19-24

## Engage with God in a Group

- Do you ever find yourself paralyzed by what you think of yourself? What led you to think of yourself negatively?
- How does God think of you? How would your life look differently if you began to see yourself like this?
- Whenever you condemn yourself, how would your things change if you shifted from focusing on your performance to meditating on Christ's work for you?

## Bottom Line

When we believe that "God knows it all and loves me anyway" we begin to live.