

LifeSigns Discussion for Groups and Serving Teams in 2020

Leaders please ask every person to take the new LifeSigns survey online before the group or team meeting discussion.

Arrange for everyone to pair up with someone (not a spouse). Men should meet with men and women with women. The pairs will be discussing each other's LifeSigns survey results after they take the survey.

After everyone takes the new LifeSigns survey:

Option 1

- Next group or team meeting - Have each pair find a place where they can have enough privacy to discuss their answers together.
- Give everyone 75 minutes to meet with their partner; answering the questions below entitled, "LifeSigns Discussion Questions"; pray for one another based on what they learned about each other during this meeting.
- After 75 minutes all partners return to main meeting room. These partner discussions will not be shared with the rest of the team or group. Ask, "How did taking the new LifeSigns survey affect the direction of your spiritual journey?"

Option 2

- Ask each pair who have completed the new LifeSigns survey to get together outside of the team or group meeting. Give them a deadline date.
- Have them discuss the "LifeSigns Discussion Questions" below and then pray for one another.
- At the next group or team meeting discuss "How did taking the new LifeSigns survey affect the direction of your spiritual journey?"

Ideally, each person should bring their LifeSigns survey report with them when meeting with their partner. Regardless of which option is used encourage each person to use the following 3 mentoring tips when hearing their partner share their story:

- Listen
- Love
- Point (to Jesus)

LifeSigns Discussion Questions

1. Out of all the LifeSigns sections covered in the survey which one do you most want to focus on and why?
2. In your conversation with the Lord, what is your #1 priority for growth? Why that area?
3. How are things in your spiritual life going right now and what next step(s) will you take?
4. How can we support one another in our next steps?

LifeSigns: What do you want to explore?

(A) = high interest, (B) = some interest, (C) = low interest



Relationships



Walking w/Christ



Work Life



Money



Married Life



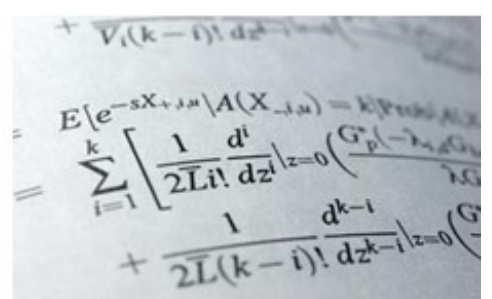
Single Life



Parenting



Living for Christ



Student Life



Healing & Grace



Looking for Work



Hurtful Habits

Potential topics for your small group.

Check the items you're interested in.

Relationships

- becoming more authentic
- sharing our stories
- being more safe, supportive
- learning about forgiveness
- providing accountability
- sharing scripture, insights
- reaching out to un-churched
- _____

Walking w/Christ

- assurance of salvation
- daily intimacy with Christ
- understanding the Bible
- applying the Bible to your life
- finding a following God's will
- walking by faith in trials
- exploring identity in Christ
- _____

Work Life

- dealing with work stress
- balancing work/life
- exploring your gifts/abilities
- servant's heart at work
- reaching out to un-churched
- having integrity at work
- dealing with terrible bosses
- _____

Money

- dealing with debt
- living below your means
- managing money effectively
- separating wants from needs
- learning contentment
- stewardship strategies
- saving for the future
- _____

Married Life

- connecting daily, deeply
- healthy decision-making
- understanding spouse's heart
- practicing selfless sex
- resolving conflict
- dealing with porn, infidelity
- sharing with other couples
- _____

Single Life

- learning about contentment
- initiating friendships
- finding your security in Christ
- serving as a single
- sexual purity in thought/action
- dealing with loneliness
- finding fulfillment in Christ
- _____

Parenting

- getting kids to open up w/you
- talking about the Bible w/kids
- dealing with social media
- shepherding a child's heart, not just behavior
- modeling Christ to your kids
- counteracting our culture
- _____

Living for Christ

- becoming others-oriented
- moving beyond comfort zone
- serving using gifts/passions
- discovering your purpose
- sharing your story of salvation
- answering tough questions about Christ, gospel
- _____

Student Life

- peer pressure, culture
- finding your purpose in life
- balancing school/life
- exploring your gifts/abilities
- reaching out to un-churched
- having integrity in school
- sexual purity in thought/action
- _____

Healing & Grace

- sharing struggles with others
- finding healing from the past
- trusting Christ in trials
- developing accountability
- staying sexually pure
- discovering God grace
- learning how to forgive others
- _____

Looking for Work

- getting support in job search
- dealing with fear, finding courage in Christ
- trusting Christ to meet your financial needs
- learning to hear God's voice and direction
- _____

Hurtful Habits

- coming out of hiding
- dealing with shame
- learning how grace works
- discovering your true identity
- developing accountability
- setting healthy boundaries
- finding a supportive group
- _____



Go to benttree.org to find groups, events, and resources.